



5. Schlaubetal-Marathon  
Eisenhüttenstadt / 15.10.2011

Detailed evaluation

Löwa, Gerd

Club: Cottbus  
Number: 415

Course: 21.10 km  
Cross-Halbmarathon

Category:  
Männer M45

Total time: 1:58:09

Speed: 10.72 km/h  
Running performance: 5:36 min/km

Rank in course/Total: 63 (of 130)

Rank in course/Men: 58 (of 97)

Best time in course: 1:23:55

Rank in category: 15(of 19)

Best time in the category: 1:25:11

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	56:37	5:20	12	14:28	46	14:28	10.60	56:37	5:20	6			17
Last lap Finish	10.50	1:01:32	5:51	16	18:30	71	19:46	21.10	1:58:09	5:35	15	32:58	58	34:14