



5. Schlaubetal-Marathon  
Eisenhüttenstadt / 15.10.2011

Detailed evaluation

Löwa, Gerd

Club: Cottbus

Number: 415

Course: 21.10 km

Cross-Halbmarathon

Category:

Männer M45

Total time: 1:58:09

Speed: 10.66 km/h

Running performance: 5:36 min/km

Rank in course/Total: 63 (of 130)

Rank in course/Men: 58 (of 97)

Best time in course: 1:23:55

Rank in category: 15(of 19)

Best time in the category: 1:25:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	10.60	56:37	5:20	12	14:28	46	14:28	10.60	56:37	5:20	6			17	
Last lap Finish	10.50	1:01:32	5:51	16	18:30	71	19:46	21.10	1:58:09	5:35	15	32:58	58	34:14	