



5. Schlaubetal-Marathon
Eisenhüttenstadt / 15.10.2011

Detailed evaluation

Löwa, Gerd

Club: Cottbus
Number: 415

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M45

Total time: 1:58:09

Speed: 10.66 km/h
Running performance: 5:36 min/km

Rank in course/Total: 63 (of 130)

Rank in course/Men: 58 (of 97)

Best time in course: 1:23:55

Rank in category: 15(of 19)

Best time in the category: 1:25:11

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-----------------|-------|---------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Lap 1 | 10.60 | 56:37 | 5:20 | 12 | 14:28 | 46 | 14:28 | 10.60 | 56:37 | 5:20 | 6 | | | 17 |
| Last lap Finish | 10.50 | 1:01:32 | 5:51 | 16 | 18:30 | 71 | 19:46 | 21.10 | 1:58:09 | 5:35 | 15 | 32:58 | 58 | 34:14 |