



5. Schlaubetal-Marathon
Eisenhüttenstadt / 15.10.2011

Detailed evaluation

Rosenbaum, Holger

Club: Werder
Number: 434

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M40

Total time: 1:58:16

Speed: 10.65 km/h
Running performance: 5:37 min/km

Rank in course/Total: 64 (of 130)

Rank in course/Men: 59 (of 97)

Best time in course: 1:23:55

Rank in category: 14(of 21)

Best time in the category: 1:33:42

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|-------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
| Lap 1 | 10.60 | 53:57 | 5:05 | 7 | 6:10 | 26 | 11:48 | 10.60 | 53:57 | 5:05 | 9 | | | 16 | |
| Last lap Finish | 10.50 | 1:04:19 | 6:07 | 16 | 18:33 | 73 | 22:33 | 21.10 | 1:58:16 | 5:36 | 14 | 24:34 | | 59 | 34:21 |