



5. Schlaubetal-Marathon
Eisenhüttenstadt / 15.10.2011

Detailed evaluation

Guder, Bernd

Club: Siehdichum
Number: 388

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M70

Total time: 2:10:41

Speed: 9.64 km/h
Running performance: 6:11 min/km

Rank in course/Total: 92 (of 130)

Rank in course/Men: 77 (of 97)

Best time in course: 1:23:55

Rank in category: 1(of 1)

Best time in the category: 2:10:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.60	1:06:16	6:15	1	-	83	24:07	10.60	1:06:16	6:15	1	-	47	8:25
Last lap Finish	10.50	1:04:25	6:08	1	-	74	22:39	21.10	2:10:41	6:11	1	-	77	46:46