



5. Schlaubetal-Marathon

Eisenhüttenstadt / 15.10.2011

Detailed evaluation

Palm, Ingo

Club: Polizei Berlin
Number: 404

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M50

Total time: 2:11:59

Speed: 9.55 km/h
Running performance: 6:16 min/km

Rank in course/Total: 96 (of 130)

Rank in course/Men: 80 (of 97)

Best time in course: 1:23:55

Rank in category: 10(of 11)

Best time in the category: 1:43:51

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	1:04:46	6:06	10	14:21	78	22:37	10.60	1:04:46	6:06	10	12:31	44	6:55
Last lap Finish	10.50	1:07:13	6:24	10	15:52	82	25:27	21.10	2:11:59	6:15	10	28:08	80	48:04