



5. Schlaubetal-Marathon  
Eisenhüttenstadt / 15.10.2011

Detailed evaluation

Köthe, Rainer

Club: Frankfurt(Oder)  
Number: 318

Course: 21.10 km  
Cross-Halbmarathon

Category:  
Männer M60

Total time: 2:14:40

Speed: 9.36 km/h  
Running performance: 6:23 min/km

Rank in course/Total: 100 (of 130)

Rank in course/Men: 83 (of 97)

Best time in course: 1:23:55

Rank in category: 1(of 2)

Best time in the category: 2:14:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.60	1:09:55	6:35	1	-	88	27:46	10.60	1:09:55	6:35	1	-	41	12:04
Last lap Finish	10.50	1:04:45	6:10	1	-	75	22:59	21.10	2:14:40	6:22	1	-	83	50:45