



5. Schlaubetal-Marathon

Eisenhüttenstadt / 15.10.2011

Detailed evaluation

Frömming, Dagmar

Club: Tauche

Number: 414

Course: 21.10 km

Cross-Halbmarathon

Category:

Frauen W45

Total time: 2:14:53

Speed: 9.39 km/h

Running performance: 6:23 min/km

Rank in course/Total: 102 (of 130)

Rank in course/Women: 18 (of 33)

Best time in course: 1:37:46

Rank in category: 2(of 5)

Best time in the category: 2:02:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	10.60	1:07:25	6:21	4	4:52	20	19:16	10.60	1:07:25	6:21	2	4:52	2	
Last lap Finish	10.50	1:07:28	6:25	2	7:05	17	17:51	21.10	2:14:53	6:23	2	11:57	18	37:07