



5. Schlaubetal-Marathon
Eisenhüttenstadt / 15.10.2011

Detailed evaluation

Steppat, Regina

Club: Nuthetal
Number: 383

Course: 21.10 km
Cross-Halbmarathon

Category:
Frauen W50

Total time: 2:17:26

Speed: 9.17 km/h
Running performance: 6:31 min/km

Rank in course/Total: 107 (of 130)

Rank in course/Women: 23 (of 33)

Best time in course: 1:37:46

Rank in category: 6(of 9)

Best time in the category: 1:55:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Lap 1	10.60	1:09:28	6:33	6	12:00	23	21:19	10.60	1:09:28	6:33	6	12:00	7		
Last lap Finish	10.50	1:07:58	6:28	5	10:22	18	18:21	21.10	2:17:26	6:30	6	22:22	23	39:40	