



5. Schlaubetal-Marathon
Eisenhüttenstadt / 15.10.2011

Detailed evaluation

Ebert, Frank

Club: SG Willmersdorf SkaLaWaRa
Number: 336

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M40

Total time: 2:23:23

Speed: 8.79 km/h
Running performance: 6:48 min/km

Rank in course/Total: 114 (of 130)

Rank in course/Men: 89 (of 97)

Best time in course: 1:23:55

Rank in category: 19(of 21)

Best time in the category: 1:33:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.60	1:11:07	6:42	20	23:20	90	28:58	10.60	1:11:07	6:42	3	15:28	34	13:16
Last lap Finish	10.50	1:12:16	6:52	19	26:30	89	30:30	21.10	2:23:23	6:47	19	49:41	89	59:28