



5. Schlaubetal-Marathon  
Eisenhüttenstadt / 15.10.2011

Detailed evaluation

Trosch, Manuela

Club: SG Willmersdorf SkaLaWaRa  
Number: 337

Course: 21.10 km  
Cross-Halbmarathon

Category:  
Frauen W40

Total time: 2:32:09

Speed: 8.28 km/h  
Running performance: 7:13 min/km

Rank in course/Total: 122 (of 130)

Rank in course/Women: 29 (of 33)

Best time in course: 1:37:46

Rank in category: 8(of 8)

Best time in the category: 1:43:51

Intermediate times

Stage score

Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score  |                 | Total ranking |               |                 |             |                |              |                 |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
|                 |             |               |                 |             |                | Pos<br>Women | Behind<br>Women | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women |
| Lap 1           | 10.60       | 1:12:29       | 6:50            | 7           | 20:15          | 28           | 24:20           | 10.60         | 1:12:29       | 6:50            | 8           | 20:15          | 13           | 2:43            |
| Last lap Finish | 10.50       | 1:19:40       | 7:35            | 8           | 28:03          | 32           | 30:03           | 21.10         | 2:32:09       | 7:12            | 8           | 48:18          | 29           | 54:23           |