



5. Schlaubetal-Marathon

Eisenhüttenstadt / 15.10.2011

Detailed evaluation

Gamst, Andreas

Club: Meckenheim
Number: 694

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M60

Total time: 2:34:07

Speed: 8.18 km/h
Running performance: 7:18 min/km

Rank in course/Total: 124 (of 130)

Rank in course/Men: 94 (of 97)

Best time in course: 1:23:55

Rank in category: 2(of 2)

Best time in the category: 2:14:40

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	1:17:10	7:16	2	7:15	95	35:01	10.60	1:17:10	7:16	2	7:15	30	19:19
Last lap Finish	10.50	1:16:57	7:19	2	12:12	93	35:11	21.10	2:34:07	7:18	2	19:27	94	1:10:12