



5. Schlaubetal-Marathon

Eisenhüttenstadt / 15.10.2011

Detailed evaluation

Freund, Michael

Club: Eisenhüttenstadt
Number: 398

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M30

Total time: 2:41:02

Speed: 7.82 km/h
Running performance: 7:38 min/km

Rank in course/Total: 127 (of 130)

Rank in course/Men: 95 (of 97)

Best time in course: 1:23:55

Rank in category: 5(of 5)

Best time in the category: 1:53:22

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	1:20:04	7:33	5	24:59	97	37:55	10.60	1:20:04	7:33	5	24:59	29	22:13
Last lap Finish	10.50	1:20:58	7:42	5	22:41	95	39:12	21.10	2:41:02	7:37	5	47:40	95	1:17:07