



5. Schlaubetal-Marathon
Eisenhüttenstadt / 15.10.2011

Detailed evaluation

Sernau, Annegret

Club: SV Chemie Guben
Number: 1303

Course: 21.10 km
Halbmarathon Nordic-Walking

Category:
Nordic-Walking Frauen

Total time: 2:52:32

Speed: 7.30 km/h
Running performance: 8:11 min/km

Rank in course/Total: 2 (of 9)
Rank in course/Women: 2 (of 6)
Best time in course: 2:45:08

Rank in category: 2(of 6)
Best time in the category: 2:45:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	10.60	1:25:25	8:03	2	3:30	2	3:30	10.60	1:25:25	8:03	2	3:30	2	3:30
Last lap Finish	10.50	1:27:07	8:17	3	3:54	3	3:54	21.10	2:52:32	8:10	2	7:24	2	7:24