



5. Schlaubetal-Marathon  
Eisenhüttenstadt / 15.10.2011

Detailed evaluation

Kruschke, Regina

Club: Eisenhüttenstadt  
Number: 1306

Course: 21.10 km  
Halbmarathon Nordic-Walking

Category:  
Nordic-Walking Frauen

Total time: 2:53:18

Speed: 7.27 km/h  
Running performance: 8:13 min/km

Rank in course/Total: 3 (of 9)  
Rank in course/Women: 3 (of 6)  
Best time in course: 2:45:08

Rank in category: 3(of 6)  
Best time in the category: 2:45:08

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	10.60	1:26:19	8:08	3	4:24	3	4:24	10.60	1:26:19	8:08	3	4:24	3	4:24
Last lap Finish	10.50	1:26:59	8:17	2	3:46	2	3:46	21.10	2:53:18	8:12	3	8:10	3	8:10