



5. Schlaubetal-Marathon  
Eisenhüttenstadt / 15.10.2011

Detailed evaluation

Grünthal, jens

Club: Passtschon98  
Number: 657

Course: 42.19 km  
Cross-Marathon

Category:  
Männer M20

Total time: 2:57:06

Speed: 14.23 km/h  
Running performance: 4:12 min/km

Rank in course/Total: 2 (of 104)

Rank in course/Men: 2 (of 89)

Best time in course: 2:55:05

Rank in category: 2(of 6)

Best time in the category: 2:55:05

Intermediate times

Stage score

Total ranking

Control	Split		Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Total ranking	
	km	Time				Pos Men	Behind Men						Pos Men	Behind Men
Lap 1	11.60	47:16	4:04	1	-	1	-	11.60	47:16	4:04	1	-	67	
Lap 2	18.40	1:17:20	4:12	1	-	1	-	30.00	2:04:36	4:09	2		66	
Lap 3	3.50	11:32	3:17	1	-	1	-	33.50	2:16:08	4:03	2		66	
Last lap Finish	8.69	40:58	4:42	2	3:08	2	3:08	42.19	2:57:06	4:11	2	2:01	2	2:01