



5. Schlaubetal-Marathon
Eisenhüttenstadt / 15.10.2011

Detailed evaluation

Grimm, Heike

Club: Eisenhüttenstadt
Number: 1300

Course: 21.10 km
Halbmarathon Nordic-Walking

Category:
Nordic-Walking Frauen

Total time: 3:07:17

Speed: 6.76 km/h
Running performance: 8:53 min/km

Rank in course/Total: 6 (of 9)
Rank in course/Women: 4 (of 6)
Best time in course: 2:45:08

Rank in category: 4(of 6)
Best time in the category: 2:45:08

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	10.60	1:31:04	8:35	4	9:09	4	9:09	10.60	1:31:04	8:35	4	9:09	4	9:09
Last lap Finish	10.50	1:36:13	9:09	4	13:00	4	13:00	21.10	3:07:17	8:52	4	22:09	4	22:09