



5. Schlaubetal-Marathon  
Eisenhüttenstadt / 15.10.2011

Detailed evaluation

**Biastoch, Lutz**

Club: RC 1898 Radeberg  
Number: 639

Course: 42.19 km  
Cross-Marathon

Category:  
Männer M45

Total time: 3:13:02

Speed: 13.05 km/h  
Running performance: 4:35 min/km

Rank in course/Total: 3 (of 104)

Rank in course/Men: 3 (of 89)

Best time in course: 2:55:05

Rank in category: 1(of 21)

Best time in the category: 3:13:02

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	49:51	4:17	2	1:16	4	2:35	11.60	49:51	4:17	12			66
Lap 2	18.40	1:25:27	4:38	2	0:01	4	8:07	30.00	2:15:18	4:30	11			65
Lap 3	3.50	13:13	3:46	2	0:10	7	1:41	33.50	2:28:31	4:26	11			65
Last lap Finish	8.69	44:31	5:07	1	-	4	6:41	42.19	3:13:02	4:34	1	-	3	17:57