



5. Schlaubetal-Marathon  
Eisenhüttenstadt / 15.10.2011

Detailed evaluation

Herrmann, Ingmar

Club: Team-Strass-Anger  
Number: 711

Course: 42.19 km  
Cross-Marathon

Category:  
Männer M35

Total time: 3:17:07

Speed: 12.78 km/h  
Running performance: 4:40 min/km

Rank in course/Total: 6 (of 104)

Rank in course/Men: 6 (of 89)

Best time in course: 2:55:05

Rank in category: 1(of 8)

Best time in the category: 3:17:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	50:52	4:23	1	-	6	3:36	11.60	50:52	4:23	1	-	63	
Lap 2	18.40	1:27:47	4:46	1	-	7	10:27	30.00	2:18:39	4:37	1	-	62	
Lap 3	3.50	12:56	3:41	1	-	5	1:24	33.50	2:31:35	4:31	1	-	62	
Last lap Finish	8.69	45:32	5:14	1	-	7	7:42	42.19	3:17:07	4:40	1	-	6	22:02