



5. Schlaubetal-Marathon
Eisenhüttenstadt / 15.10.2011

Detailed evaluation

Kriese, Matthias

Club: SV Wacker Mohorn
Number: 603

Course: 42.19 km
Cross-Marathon

Category:
Männer M30

Total time: 3:24:42

Speed: 12.37 km/h
Running performance: 4:51 min/km

Rank in course/Total: 8 (of 104)

Rank in course/Men: 8 (of 89)

Best time in course: 2:55:05

Rank in category: 1(of 8)

Best time in the category: 3:24:42

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	49:55	4:18	1	-	5	2:39	11.60	49:55	4:18	1	-	60	
Lap 2	18.40	1:25:51	4:39	1	-	5	8:31	30.00	2:15:46	4:31	1	-	60	
Lap 3	3.50	17:52	5:06	7	3:34	54	6:20	33.50	2:33:38	4:35	1	-	60	
Last lap Finish	8.69	51:04	5:52	3	2:29	23	13:14	42.19	3:24:42	4:51	1	-	8	29:37