



5. Schlaubetal-Marathon
Eisenhüttenstadt / 15.10.2011

Detailed evaluation

Gessner, Milan

Club: Pneumant Fürstenwalde
Number: 618

Course: 42.19 km
Cross-Marathon

Category:
Männer M50

Total time: 3:43:45

Speed: 11.26 km/h
Running performance: 5:18 min/km

Rank in course/Total: 28 (of 104)

Rank in course/Men: 26 (of 89)

Best time in course: 2:55:05

Rank in category: 3(of 13)

Best time in the category: 3:35:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	57:33	4:57	3	4:43	34	10:17	11.60	57:33	4:57	3	4:37	86	
Lap 2	18.40	1:38:59	5:22	3	5:37	28	21:39	30.00	2:36:32	5:13	3	10:14	86	
Lap 3	3.50	14:50	4:14	3	0:14	25	3:18	33.50	2:51:22	5:06	3	10:28	86	
Last lap Finish	8.69	52:23	6:01	1	-	27	14:33	42.19	3:43:45	5:18	3	8:40	26	48:40