



5. Schlaubetal-Marathon
Eisenhüttenstadt / 15.10.2011

Detailed evaluation

Guse, Torsten

Club: Neißemünde
Number: 682

Course: 42.19 km
Cross-Marathon

Category:
Männer M40

Total time: 3:43:49

Speed: 11.26 km/h
Running performance: 5:18 min/km

Rank in course/Total: 29 (of 104)

Rank in course/Men: 27 (of 89)

Best time in course: 2:55:05

Rank in category: 7(of 20)

Best time in the category: 3:13:29

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	59:45	5:09	11	8:10	46	12:29	11.60	59:45	5:09	15		85	
Lap 2	18.40	1:40:30	5:27	9	12:51	31	23:10	30.00	2:40:15	5:20	15		85	
Lap 3	3.50	14:18	4:05	6	1:37	16	2:46	33.50	2:54:33	5:12	15		85	
Last lap Finish	8.69	49:16	5:40	4	7:42	15	11:26	42.19	3:43:49	5:18	7	30:20	27	48:44