



5. Schlaubetal-Marathon  
Eisenhüttenstadt / 15.10.2011

Detailed evaluation

Siepert, Thomas

Club: Team Stützrad  
Number: 670

Course: 42.19 km  
Cross-Marathon

Category:  
Männer M35

Total time: 3:46:01

Speed: 11.15 km/h  
Running performance: 5:22 min/km

Rank in course/Total: 33 (of 104)

Rank in course/Men: 30 (of 89)

Best time in course: 2:55:05

Rank in category: 3(of 8)

Best time in the category: 3:17:07

| Intermediate times |          |            |              |          | Stage score |         |            |          | Total ranking |              |          |             |         |            |
|--------------------|----------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time    | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1              | 11.60    | 57:07      | 4:55         | 3        | 6:15        | 28      | 9:51       | 11.60    | 57:07         | 4:55         | 3        | 6:15        | 52      |            |
| Lap 2              | 18.40    | 1:41:47    | 5:31         | 3        | 14:00       | 34      | 24:27      | 30.00    | 2:38:54       | 5:17         | 3        | 20:15       | 82      |            |
| Lap 3              | 3.50     | 15:29      | 4:25         | 3        | 2:33        | 32      | 3:57       | 33.50    | 2:54:23       | 5:12         | 3        | 22:48       | 82      |            |
| Last lap Finish    | 8.69     | 51:38      | 5:56         | 2        | 6:06        | 25      | 13:48      | 42.19    | 3:46:01       | 5:21         | 3        | 28:54       | 30      | 50:56      |