



5. Schlaubetal-Marathon  
Eisenhüttenstadt / 15.10.2011

Detailed evaluation

Pilz - Renne, Heike

Club: Bad Freienwalde  
Number: 1304

Course: 21.10 km  
Halbmarathon Nordic-Walking

Category:  
Nordic-Walking Frauen

Total time: 3:45:38

Speed: 5.58 km/h  
Running performance: 10:41 min/km

Rank in course/Total: 8 (of 9)  
Rank in course/Women: 6 (of 6)  
Best time in course: 2:45:08

Rank in category: 6(of 6)  
Best time in the category: 2:45:08

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	10.60	1:52:12	10:35	6	30:17	6	30:17	10.60	1:52:12	10:35	6	30:17	6	30:17
Last lap Finish	10.50	1:53:26	10:48	6	30:13	6	30:13	21.10	3:45:38	10:41	6	1:00:30	6	1:00:30