



5. Schlaubetal-Marathon  
Eisenhüttenstadt / 15.10.2011

Detailed evaluation

Thurau, Thomas

Club: BSG Pneumant Fürstenwalde  
Number: 617

Course: 42.19 km  
Cross-Marathon

Category:  
Männer M45

Total time: 4:00:40

Speed: 10.47 km/h  
Running performance: 5:42 min/km

Rank in course/Total: 43 (of 104)

Rank in course/Men: 39 (of 89)

Best time in course: 2:55:05

Rank in category: 12(of 21)

Best time in the category: 3:13:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	11.60	56:26	4:51	9	7:51	24	9:10	11.60	56:26	4:51	10	3:38	46		
Lap 2	18.40	1:48:58	5:55	14	23:32	46	31:38	30.00	2:45:24	5:30	10	4:16	73		
Lap 3	3.50	17:26	4:58	15	4:23	52	5:54	33.50	3:02:50	5:27	10	6:35	73		
Last lap Finish	8.69	57:50	6:39	12	13:19	41	20:00	42.19	4:00:40	5:42	12	47:38	39	1:05:35	