



5. Schlaubetal-Marathon
Eisenhüttenstadt / 15.10.2011

Detailed evaluation

Skeries, Alexandra

Club: BSG Pneumant Fürstenwalde
Number: 616

Course: 42.19 km
Cross-Marathon

Category:
Frauen W30

Total time: 4:00:41

Speed: 10.47 km/h
Running performance: 5:42 min/km

Rank in course/Total: 44 (of 104)

Rank in course/Women: 5 (of 15)

Best time in course: 3:24:52

Rank in category: 1(of 3)

Best time in the category: 4:00:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	11.60	56:27	4:51	1	-	3	3:40	11.60	56:27	4:51	1	-	5	2:04
Lap 2	18.40	1:48:59	5:55	1	-	5	19:24	30.00	2:45:26	5:30	1	-	5	21:28
Lap 3	3.50	17:00	4:51	1	-	5	3:16	33.50	3:02:26	5:26	1	-	5	24:44
Last lap Finish	8.69	58:15	6:42	1	-	5	11:05	42.19	4:00:41	5:42	1	-	5	35:49