



5. Schlaubetal-Marathon
Eisenhüttenstadt / 15.10.2011

Detailed evaluation

Rothe, Carsten

Club: Bad Saarow
Number: 621

Course: 42.19 km
Cross-Marathon

Category:
Männer M50

Total time: 4:03:14

Speed: 10.36 km/h
Running performance: 5:46 min/km

Rank in course/Total: 46 (of 104)

Rank in course/Men: 41 (of 89)

Best time in course: 2:55:05

Rank in category: 4(of 13)

Best time in the category: 3:35:05

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	58:44	5:03	7	5:54	42	11:28	11.60	58:44	5:03	4	5:48	71	
Lap 2	18.40	1:46:34	5:47	5	13:12	40	29:14	30.00	2:45:18	5:30	4	19:00	71	
Lap 3	3.50	17:14	4:55	7	2:38	50	5:42	33.50	3:02:32	5:26	4	21:38	71	
Last lap Finish	8.69	1:00:42	6:59	5	8:19	48	22:52	42.19	4:03:14	5:45	4	28:09	41	1:08:09