



5. Schlaubetal-Marathon
Eisenhüttenstadt / 15.10.2011

Detailed evaluation

Nagler, Jörg

Club: Corps Starkenburgia
Number: 677

Course: 42.19 km
Cross-Marathon

Category:
Männer M35

Total time: 4:11:55

Speed: 10.00 km/h
Running performance: 5:58 min/km

Rank in course/Total: 58 (of 104)

Rank in course/Men: 53 (of 89)

Best time in course: 2:55:05

Rank in category: 6(of 8)

Best time in the category: 3:17:07

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:10:55	6:06	7	20:03	76	23:39	11.60	1:10:55	6:06	6	20:03	15	9:05
Lap 2	18.40	1:51:59	6:05	6	24:12	56	34:39	30.00	3:02:54	6:05	6	44:15	15	13:05
Lap 3	3.50	15:16	4:21	2	2:20	31	3:44	33.50	3:18:10	5:54	6	46:35	15	11:07
Last lap Finish	8.69	53:45	6:11	4	8:13	31	15:55	42.19	4:11:55	5:58	6	54:48	53	1:16:50