



5. Schlaubetal-Marathon
Eisenhüttenstadt / 15.10.2011

Detailed evaluation

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Club: Cottbus
Number: 699

Course: 42.19 km
Cross-Marathon

Category:
Männer M40

Total time: 4:35:47

Speed: 9.18 km/h
Running performance: 6:32 min/km

Rank in course/Total: 77 (of 104)

Rank in course/Men: 68 (of 89)

Best time in course: 2:55:05

Rank in category: 17(of 20)

Best time in the category: 3:13:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:06:29	5:43	18	14:54	68	19:13	11.60	1:06:29	5:43	4	4:45	44	4:39
Lap 2	18.40	2:04:12	6:45	18	36:33	73	46:52	30.00	3:10:41	6:21	4	20:01	43	20:52
Lap 3	3.50	18:12	5:12	15	5:31	59	6:40	33.50	3:28:53	6:14	5	21:14	44	21:50
Last lap Finish	8.69	1:06:54	7:41	13	25:20	64	29:04	42.19	4:35:47	6:32	17	1:22:18	68	1:40:42