



5. Schlaubetal-Marathon
Eisenhüttenstadt / 15.10.2011

Detailed evaluation

Habekuk, Harry

Club: Neuhausen
Number: 697

Course: 42.19 km
Cross-Marathon

Category:
Männer M70

Total time: 4:35:48

Speed: 9.18 km/h
Running performance: 6:32 min/km

Rank in course/Total: 79 (of 104)

Rank in course/Men: 70 (of 89)

Best time in course: 2:55:05

Rank in category: 1(of 2)

Best time in the category: 4:35:48

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:06:30	5:43	1	-	70	19:14	11.60	1:06:30	5:43	1	-	43	4:40
Lap 2	18.40	2:04:12	6:45	1	-	73	46:52	30.00	3:10:42	6:21	1	-	42	20:53
Lap 3	3.50	18:07	5:10	1	-	56	6:35	33.50	3:28:49	6:14	1	-	42	21:46
Last lap Finish	8.69	1:06:59	7:42	1	-	66	29:09	42.19	4:35:48	6:32	1	-	69	1:40:43