



5. Schlaubetal-Marathon
Eisenhüttenstadt / 15.10.2011

Detailed evaluation

Pfennig, Dirk

Club: LTSV Forst 1990 e.V.
Number: 645

Course: 42.19 km
Cross-Marathon

Category:
Männer M60

Total time: 4:43:58

Speed: 8.87 km/h
Running performance: 6:44 min/km

Rank in course/Total: 90 (of 104)

Rank in course/Men: 80 (of 89)

Best time in course: 2:55:05

Rank in category: 1(of 2)

Best time in the category: 4:43:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:13:07	6:18	2	0:27	86	25:51	11.60	1:13:07	6:18	1	-	33	11:17
Lap 2	18.40	2:08:55	7:00	1	-	81	51:35	30.00	3:22:02	6:44	1	-	32	32:13
Lap 3	3.50	18:08	5:10	1	-	57	6:36	33.50	3:40:10	6:34	1	-	32	33:07
Last lap Finish	8.69	1:03:48	7:20	1	-	59	25:58	42.19	4:43:58	6:43	1	-	80	1:48:53