



5. Schlaubetal-Marathon
Eisenhüttenstadt / 15.10.2011

Detailed evaluation

von Wedel-Parlow, Caroline

Club: LT Bernd Hübner
Number: 687

Course: 42.19 km
Cross-Marathon

Category:
Frauen W40

Total time: 4:43:58

Speed: 8.87 km/h
Running performance: 6:44 min/km

Rank in course/Total: 91 (of 104)

Rank in course/Women: 11 (of 15)

Best time in course: 3:24:52

Rank in category: 3(of 3)

Best time in the category: 3:44:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	11.60	1:13:07	6:18	3	13:23	13	20:20	11.60	1:13:07	6:18	3	13:23	11	18:44
Lap 2	18.40	2:08:56	7:00	3	28:19	12	39:21	30.00	3:22:03	6:44	3	41:42	11	58:05
Lap 3	3.50	18:09	5:11	2	3:33	6	4:25	33.50	3:40:12	6:34	3	45:15	11	1:02:30
Last lap Finish	8.69	1:03:46	7:20	2	14:23	7	16:36	42.19	4:43:58	6:43	3	59:38	11	1:19:06