



5. Schlaubetal-Marathon
Eisenhüttenstadt / 15.10.2011

Detailed evaluation

Schwark, Lars

Club: Bad Freienwalde
Number: 606

Course: 42.19 km
Cross-Marathon

Category:
Männer M35

Total time: 4:44:15

Speed: 8.87 km/h
Running performance: 6:44 min/km

Rank in course/Total: 92 (of 104)

Rank in course/Men: 81 (of 89)

Best time in course: 2:55:05

Rank in category: 8(of 8)

Best time in the category: 3:17:07

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 11.60 | 1:02:10 | 5:21 | 5 | 11:18 | 58 | 14:54 | 11.60 | 1:02:10 | 5:21 | 8 | 11:18 | 32 | 0:20 |
| Lap 2 | 18.40 | 2:10:21 | 7:05 | 8 | 42:34 | 82 | 53:01 | 30.00 | 3:12:31 | 6:25 | 8 | 53:52 | 31 | 22:42 |
| Lap 3 | 3.50 | 20:25 | 5:50 | 8 | 7:29 | 80 | 8:53 | 33.50 | 3:32:56 | 6:21 | 8 | 1:01:21 | 31 | 25:53 |
| Last lap Finish | 8.69 | 1:11:19 | 8:12 | 7 | 25:47 | 73 | 33:29 | 42.19 | 4:44:15 | 6:44 | 8 | 1:27:08 | 81 | 1:49:10 |