5. Schlaubetal-Marathon

Eisenhüttenstadt / 15.10.2011

Detailed evaluation

Krutzsch, Cindy

Club: Berlin
Number: 600

Course: 42.19 km
Cross-Marathon

Category:
Frauen W30

Total time: 4:56:22

Speed: 8.54 km/h
Running performance: 7:01 min/km

Rank in course/Total: 96 (of 104)
Rank in course/Women: 14 (of 15)
Best time in course: 3:24:52

Rank in category: 3(of 3)
Best time in the category: 4:00:41

Intermediate times

Control	Stage score							Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	11.60	1:13:34	6:20	2	17:07	14	20:47	11.60	1:13:34	6:20	2	17:07	13	19:11
Lap 2	18.40	2:15:18	7:21	2	26:19	13	45:43	30.00	3:28:52	6:57	2	43:26	13	1:04:54
Lap 3	3.50	19:33	5:35	2	2:33	12	5:49	33.50	3:48:25	6:49	2	45:59	13	1:10:43
Last lap Finish	8.69	1:07:57	7:49	2	9:42	10	20:47	42.19	4:56:22	7:01	2	55:41	13	1:31:30