



5. Schlaubetal-Marathon
Eisenhüttenstadt / 15.10.2011

Detailed evaluation

Gründer, Herbert

Club: Berlin
Number: 691

Course: 42.19 km
Cross-Marathon

Category:
Männer M60

Total time: 5:14:37

Speed: 8.01 km/h
Running performance: 7:28 min/km

Rank in course/Total: 99 (of 104)

Rank in course/Men: 84 (of 89)

Best time in course: 2:55:05

Rank in category: 2(of 2)

Best time in the category: 4:43:58

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:12:40	6:15	1	-	84	25:24	11.60	1:12:40	6:15	2		29	10:50
Lap 2	18.40	2:20:30	7:38	2	11:35	84	1:03:10	30.00	3:33:10	7:06	2	11:08	28	43:21
Lap 3	3.50	22:14	6:21	2	4:06	85	10:42	33.50	3:55:24	7:01	2	15:14	28	48:21
Last lap Finish	8.69	1:19:13	9:06	2	15:25	83	41:23	42.19	5:14:37	7:27	2	30:39	84	2:19:32