



5. Schlaubetal-Marathon
Eisenhüttenstadt / 15.10.2011

Detailed evaluation

Ventker, Sebastian

Club: Bielefeld
Number: 330

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M20

Total time: 1:26:57

Speed: 14.49 km/h
Running performance: 4:07 min/km

Rank in course/Total: 4 (of 130)

Rank in course/Men: 4 (of 97)

Best time in course: 1:23:55

Rank in category: 3(of 19)

Best time in the category: 1:23:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	10.60	42:38	4:01	2	0:29	3	0:29	10.60	42:38	4:01	18			71	
Last lap Finish	10.50	44:19	4:13	3	2:33	5	2:33	21.10	1:26:57	4:07	3	3:02		4	3:02