



5. Schlaubetal-Marathon

Eisenhüttenstadt / 15.10.2011

Detailed evaluation

Schmidt, Heiko

Club: Eisenhüttenstadt
Number: 374

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M45

Total time: 1:32:53

Speed: 13.57 km/h
Running performance: 4:24 min/km

Rank in course/Total: 5 (of 130)

Rank in course/Men: 5 (of 97)

Best time in course: 1:23:55

Rank in category: 2(of 19)

Best time in the category: 1:25:11

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	45:21	4:16	2	3:12	5	3:12	10.60	45:21	4:16	19		70	
Last lap Finish	10.50	47:32	4:31	2	4:30	11	5:46	21.10	1:32:53	4:24	2	7:42	5	8:58