



5. Schlaubetal-Marathon

Eisenhüttenstadt / 15.10.2011

Detailed evaluation

Dorn, Ralf

Club: Eggersdorf
Number: 394

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M40

Total time: 1:33:50

Speed: 13.49 km/h
Running performance: 4:27 min/km

Rank in course/Total: 9 (of 130)

Rank in course/Men: 9 (of 97)

Best time in course: 1:23:55

Rank in category: 2(of 21)

Best time in the category: 1:33:42

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-----------------|-------|-------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Lap 1 | 10.60 | 47:47 | 4:30 | 1 | - | 6 | 5:38 | 10.60 | 47:47 | 4:30 | 21 | | 66 | |
| Last lap Finish | 10.50 | 46:03 | 4:23 | 3 | 0:17 | 9 | 4:17 | 21.10 | 1:33:50 | 4:26 | 2 | 0:08 | 9 | 9:55 |