



5. Schlaubetal-Marathon

Eisenhüttenstadt / 15.10.2011

Detailed evaluation

Witter, Frank

Club: BSG Stahl
Number: 322

Course: 21.10 km
Cross-Halbmarathon

Category:
Männer M35

Total time: 1:38:16

Speed: 12.82 km/h
Running performance: 4:40 min/km

Rank in course/Total: 14 (of 130)

Rank in course/Men: 13 (of 97)

Best time in course: 1:23:55

Rank in category: 2(of 10)

Best time in the category: 1:33:49

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	49:31	4:40	1	-	12	7:22	10.60	49:31	4:40	2			50
Last lap Finish	10.50	48:45	4:38	2	4:56	13	6:59	21.10	1:38:16	4:39	2	4:27	13	14:21