



5. Schlaubetal-Marathon  
Eisenhüttenstadt / 15.10.2011

Detailed evaluation

Thierbach, Sebastian

Club: Neuzelle  
Number: 436

Course: 21.10 km  
Cross-Halbmarathon

Category:  
Männer M20

Total time: 1:38:30

Speed: 12.79 km/h  
Running performance: 4:40 min/km

Rank in course/Total: 15 (of 130)

Rank in course/Men: 14 (of 97)

Best time in course: 1:23:55

Rank in category: 6(of 19)

Best time in the category: 1:23:55

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.60	48:32	4:34	5	6:23	10	6:23	10.60	48:32	4:34	15			61
Last lap Finish	10.50	49:58	4:45	8	8:12	18	8:12	21.10	1:38:30	4:40	6	14:35	14	14:35