



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Keppler, Bernd

Club: Team 1434 Weißensee
Number: 130

Course: 9.30 km
Kurze Strecke

Category:
Männer M60

Total time: 45:51

Speed: 11.78 km/h
Running performance: 4:56 min/km

Rank in course/Total: 99 (of 307)

Rank in course/Men: 89 (of 222)

Best time in course: 31:22

Rank in category: 7(of 16)

Best time in the category: 36:32