



8. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Winges, Eva

Club: Saalfelder LV  
Number: 134

Course: 9.30 km  
Kurze Strecke

Category:  
Frauen W45

Total time: 46:02

Speed: 11.73 km/h  
Running performance: 4:57 min/km

Rank in course/Total: 102 (of 307)

Rank in course/Women: 11 (of 85)

Best time in course: 37:30

Rank in category: 3(of 13)

Best time in the category: 42:12