



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Hennig, Bernhard

Club: SV Mihla
Number: 99

Course: 9.30 km
Kurze Strecke

Category:
Männer M60

Total time: 46:15

Speed: 11.68 km/h
Running performance: 4:58 min/km

Rank in course/Total: 108 (of 307)

Rank in course/Men: 96 (of 222)

Best time in course: 31:22

Rank in category: 8(of 16)

Best time in the category: 36:32