



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Seeber, Tobias

Club: FFLW
Number: 146

Course: 9.30 km
Kurze Strecke

Category:
Männer M30

Total time: 46:31

Speed: 11.61 km/h
Running performance: 5:00 min/km

Rank in course/Total: 113 (of 307)

Rank in course/Men: 101 (of 222)

Best time in course: 31:22

Rank in category: 14(of 23)

Best time in the category: 31:22