



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Tönert, Bernd

Club: WSV Ilmenau 1908
Number: 191

Course: 9.30 km
Kurze Strecke

Category:
Männer M55

Total time: 46:49

Speed: 11.53 km/h
Running performance: 5:02 min/km

Rank in course/Total: 118 (of 307)

Rank in course/Men: 105 (of 222)

Best time in course: 31:22

Rank in category: 10(of 20)

Best time in the category: 36:43