



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Lünser, Christian

Club: BSG Steigerwald Egstedt
Number: 4

Course: 9.30 km
Kurze Strecke

Category:
Männer M20

Total time: 47:25

Speed: 11.39 km/h
Running performance: 5:06 min/km

Rank in course/Total: 126 (of 307)

Rank in course/Men: 112 (of 222)

Best time in course: 31:22

Rank in category: 17(of 23)

Best time in the category: 33:49