



8. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

**Wahl, Immo**

Club: Sportfreund thüringer wald  
Number: 245

Course: 9.30 km  
Kurze Strecke

Category:  
Männer M30

Total time: 47:41

Speed: 11.32 km/h  
Running performance: 5:08 min/km

Rank in course/Total: 131 (of 307)

Rank in course/Men: 115 (of 222)

Best time in course: 31:22

Rank in category: 16(of 23)

Best time in the category: 31:22