



8. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

**Dr. Stubenrauch, Rolf**

Club: Triathlonclub Suhl  
Number: 161

Course: 9.30 km  
Kurze Strecke

Category:  
Männer M50

Total time: 47:43

Speed: 11.32 km/h  
Running performance: 5:08 min/km

Rank in course/Total: 132 (of 307)

Rank in course/Men: 116 (of 222)

Best time in course: 31:22

Rank in category: 17(of 28)

Best time in the category: 34:52