



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Jaeger, Frank

Club: SV Sömmerda e.V. / Spröttau
Number: 101

Course: 9.30 km
Kurze Strecke

Category:
Männer M45

Total time: 36:12

Speed: 14.92 km/h
Running performance: 3:53 min/km

Rank in course/Total: 14 (of 307)

Rank in course/Men: 14 (of 222)

Best time in course: 31:22

Rank in category: 1(of 37)

Best time in the category: 36:12