



8. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Schäfer, Thomas

Club: Heyda  
Number: 206

Course: 9.30 km  
Kurze Strecke

Category:  
Männer M50

Total time: 48:12

Speed: 11.20 km/h  
Running performance: 5:11 min/km

Rank in course/Total: 140 (of 307)

Rank in course/Men: 124 (of 222)

Best time in course: 31:22

Rank in category: 18(of 28)

Best time in the category: 34:52