



8. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Weller, Normen

Club: Nürnberg  
Number: 113

Course: 9.30 km  
Kurze Strecke

Category:  
Männer M30

Total time: 49:47

Speed: 10.85 km/h  
Running performance: 5:21 min/km

Rank in course/Total: 163 (of 307)

Rank in course/Men: 141 (of 222)

Best time in course: 31:22

Rank in category: 20(of 23)

Best time in the category: 31:22