



8. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 23.04.2011

Detailed evaluation

Jahn, Elke

Club: Immelborn
Number: 114

Course: 9.30 km
Kurze Strecke

Category:
Frauen W45

Total time: 50:04

Speed: 11.15 km/h
Running performance: 5:23 min/km

Rank in course/Total: 168 (of 307)

Rank in course/Women: 24 (of 85)

Best time in course: 37:30

Rank in category: 4(of 13)

Best time in the category: 42:12